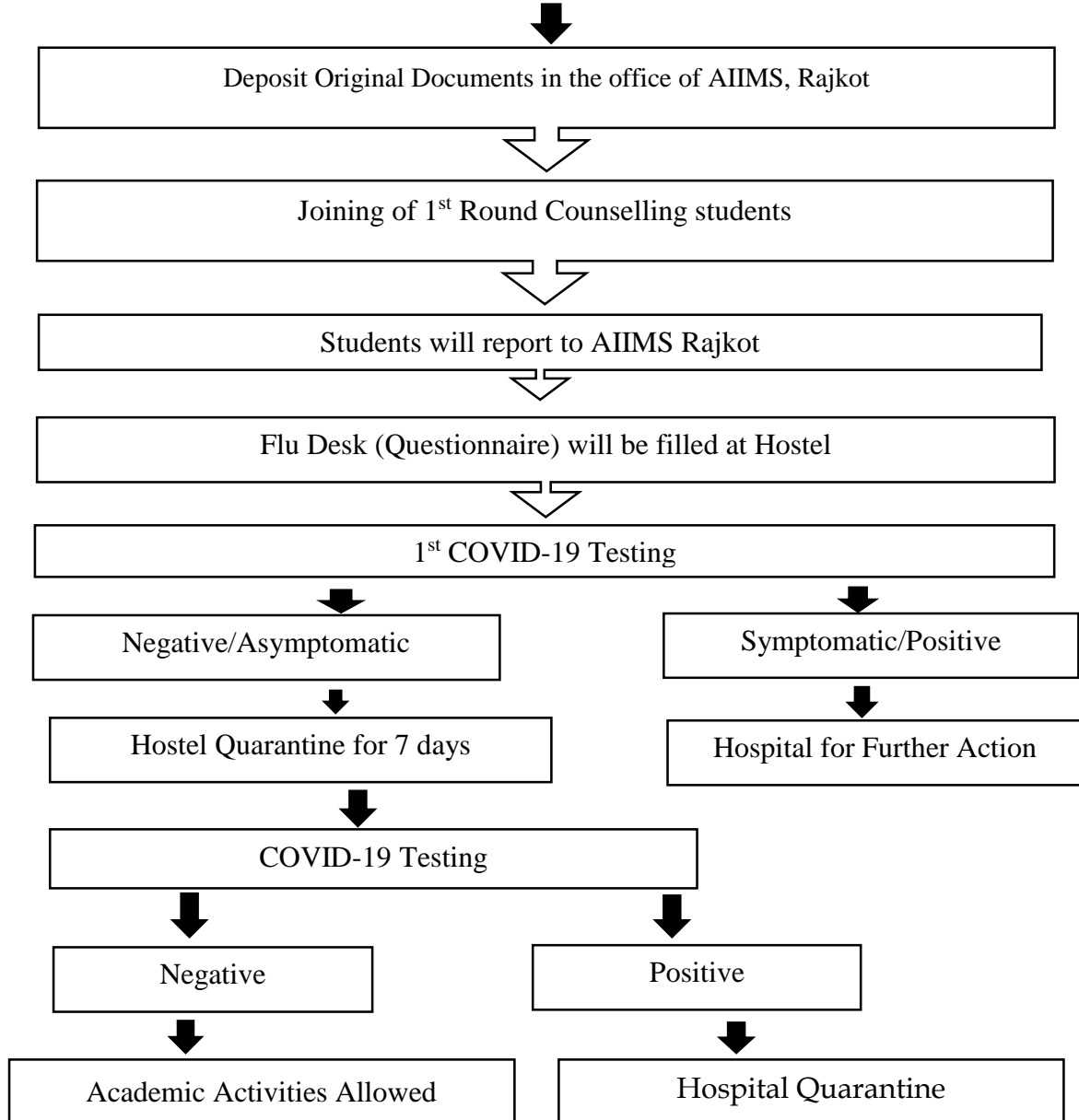


ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RAJKOT

Guidelines for Joining MBBS COURSE-2020-2021

Quarantine and for utilizing Mess/ Canteen Service and stay in hostel during COVID-19 Pandemic

Reporting of 1st Round Counselling of MBBS Students- 06th to 12th November, 2020



Instructions for 7 days Quarantine in the Hostel

- 1) Students will be required to undergo mandatory screening and quarantine in their hostel rooms for 7 days after arrival in Hostel.
- 2) Social distancing, hand hygiene, use of mask & sanitizer are mandatory for the students.
- 3) Packed food will be provided in the respective room during quarantine from the mess.
- 4) During quarantine period students will not be allowed to leave their rooms.
- 5) Students must avoid gathering in room or corridors
- 6) Day out & overnight passes will not be sanctioned during period of quarantine.
- 7) Used mask must be properly disposed at designated areas/bins
- 8) No outdoor/Indoor activity will be allowed during this period.

DO's and DON'Ts:

Please provide full details of your travel history.

1. During the period of quarantine:
 - Food will be served in your respective rooms and please don't step out of your room for food.
 - Students are requested not to waste food.
 - Leftovers are to be put in separate bins. A dedicated bin will be placed on each floor for disposing food leftovers.
2. Download Aarogya Setu mobile application
3. Always wear a mask whenever outside the room
4. Do not step out of the room unnecessarily
5. Keep the doors closed.
6. Always keep a safe distance as per social distancing norms (Minimum 2 meters (6 feet))
7. Wash your hands frequently with the soap and water
8. Students should not visit any containment zone
9. Please avoid any crowd at Mess, Canteen, Reception areas, water coolers or any other place.
10. You will be under CCTV surveillance for the purpose of monitoring distancing guidelines.
11. Maintain a separate diary for daily recording of the contact details. This is for the purpose of contact tracing in case it is needed.
12. Right of using the Dining Hall is reserved at the particular time slot allotted.
13. In the dining hall, avoid face-to-face meals or sitting in groups. Do not chat while eating.
14. Chairs and tables are already at their designated places. Any movement of tables and chairs is strictly prohibited.
15. While taking meals from food counters, maintain physical distancing norms.
16. When you have completed your meals, please leave the Dining Hall immediately. Don't wait for others to complete their food.
17. Every student will be provided a thermometer for daily monitoring of temperature. Please keep a record of your daily temperature.
18. In case of any symptom of ILI (Influenza Like Illness), immediately report to your Provost.
19. Every Batch will have two Incident commanders (one boy, one girl) for daily reporting about health status of entire batch to the provost.
20. Please follow hand hygiene before & after use of common facilities.
21. Always follow cough etiquettes.

Please stay Safe & help in fight against COVID-19

Dean (Academics)