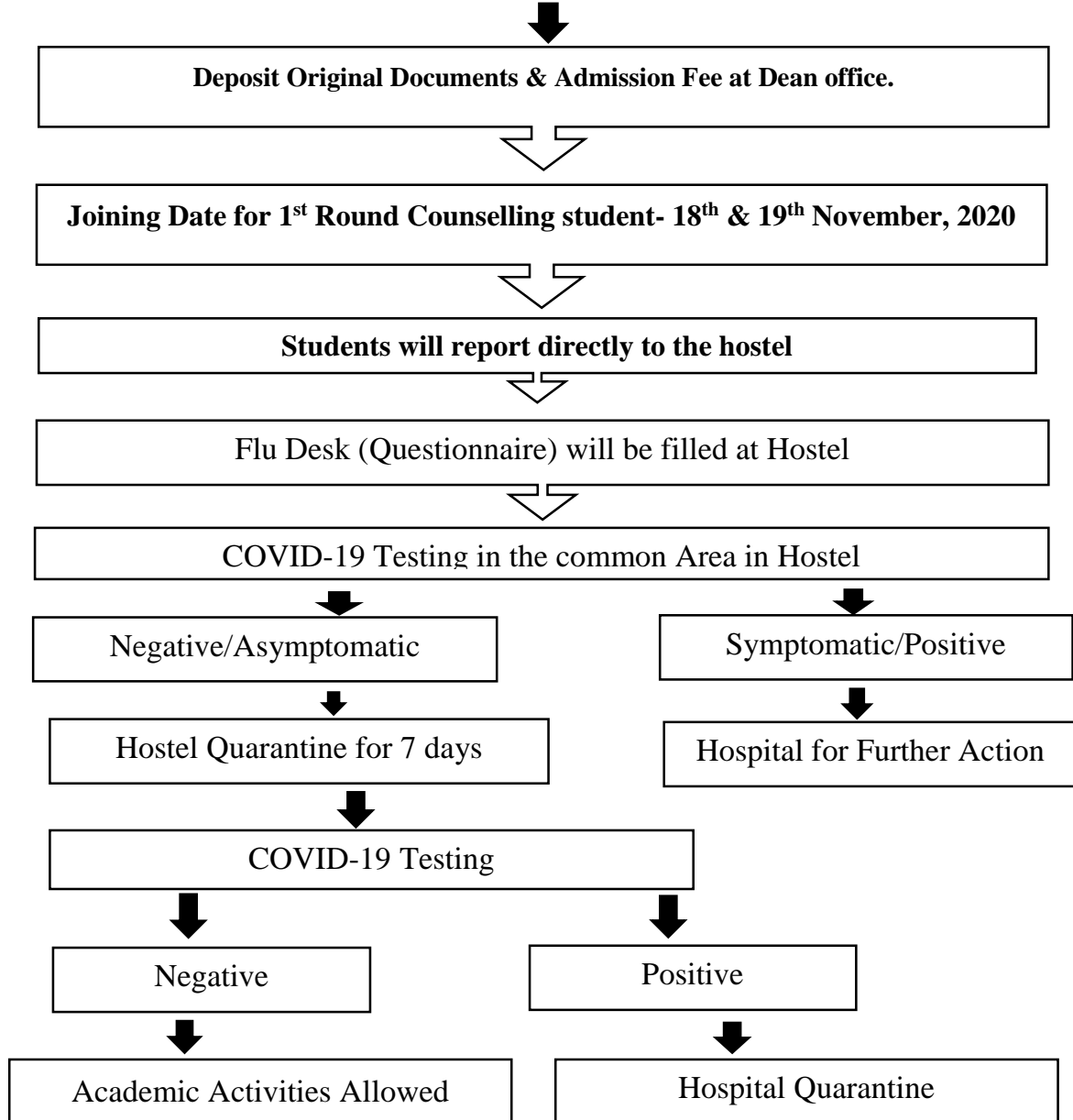


**ALL INDIA INSTITUTE OF MEDICAL SCIENCES, JODHPUR**

**Guidelines for Joining MBBS COURSE-2020-2021**

**Quarantine and for utilizing Mess/ Canteen Service and stay in hostel during COVID-19 Pandemic**

**Reporting of 1<sup>st</sup> Round Counselling of MBBS Students- 06<sup>th</sup> to 12<sup>th</sup> November, 2020**



**Instructions for 7 days Quarantine in the Hostel**

- 1) Students will be required to undergo mandatory screening and quarantine in their hostel rooms for 7 days after arrival in Hostel.
- 2) Social distancing, hand hygiene, use of mask & sanitizer are mandatory for the students.
- 3) Packed food will be provided in the respective room during quarantine from the mess.
- 4) During quarantine period students will not be allowed to leave their rooms.
- 5) Students must avoid gathering in room or corridors
- 6) Day out & overnight passes will not be sanctioned during period of quarantine.
- 7) Used mask must be properly disposed at designated areas/bins
- 8) No outdoor/Indoor activity will be allowed during this period.

## **DO's and DON'Ts:**

**Please provide full details of your travel history.**

### **1. During the period of quarantine:**

- **Food will be served in your respective rooms and please don't step out of your room for food.**
  - **Students are requested not to waste food.**
  - **Leftovers are to be put in separate bins. A dedicated bin will be placed on each floor for disposing food leftovers.**
- 2. Download Aarogya Setu mobile application**
  - 3. Always wear a mask whenever outside the room**
  - 4. Do not step out of the room unnecessarily**
  - 5. Keep the doors closed.**
  - 6. Always keep a safe distance as per social distancing norms (Minimum 2 meters (6 feet))**
  - 7. Wash your hands frequently with the soap and water**
  - 8. Students should not visit any containment zone**
  - 9. Please avoid any crowd at Mess, Canteen, Reception areas, water coolers or any other place.**
  - 10. You will be under CCTV surveillance for the purpose of monitoring distancing guidelines.**
  - 11. Maintain a separate diary for daily recording of the contact details. This is for the purpose of contact tracing in case it is needed.**
  - 12. Right of using the Dining Hall is reserved at the particular time slot allotted.**
  - 13. In the dining hall, avoid face-to-face meals or sitting in groups. Do not chat while eating.**
  - 14. Chairs and tables are already at their designated places. Any movement of tables and chairs is strictly prohibited.**
  - 15. While taking meals from food counters, maintain physical distancing norms.**
  - 16. When you have completed your meals, please leave the Dining Hall immediately. Don't wait for others to complete their food.**
  - 17. Every student will be provided a thermometer for daily monitoring of temperature. Please keep a record of your daily temperature.**
  - 18. In case of any symptom of ILI (Influenza Like Illness), immediately report to your Provost.**
  - 19. Every Batch will have two Incident commanders (one boy, one girl) for daily reporting about health status of entire batch to the provost.**
  - 20. Please follow hand hygiene before & after use of common facilities.**
  - 21. Always follow cough etiquettes.**

**Please stay Safe & help in fight against COVID-19**

**Dean Academics**