THE COMMUNIQUÉ...

Vol. 1 Issue 1 // September 2013

अखिल भारतीय आयुर्विज्ञान संस्थान, जोधपुर
ALL INDIA INSTITUTE OF MEDICAL SCIENCES, JODHPUR
Rohida, the state tree of Rajasthan, symbolizes beauty, hardiness, loftiness of purpose and adaptability. It is an epitome, a singular testimonial, to the magnanimity of nature at its zenith. Not merely surviving, but flourishing in the harshest of terrains and withstanding extremes of temperatures to emerge the sole torch bearer. Renowned not only for its quality timber in the form of Marwar teak, it also is an excellent source of firewood and charcoal and its leaves serve as fodder for the livestock.

Rohida is known for its medicinal properties and has long been used in indigenous medicine to cure urinary disorders, syphilis, gonorrhea, splenic enlargement and liver diseases. Recently, a spate of research publications highlighting its anti-cancer, anti-HIV and immuno-modulatory properties have served to emphasize its significance. This tree of the arid regions is a remarkable environmental conservationist owing to the ramifying network of lateral roots which bind the top soil. Metaphorically, AIIMS, Jodhpur symbolizes all this and much more. We all, at AIIMS Jodhpur, are committed to delivering our best and go beyond the call of duty and serve as a benchmark of medical care not only for the region but also for the country at large.

- Dr. Poonam Abhay Elhence

Editorial Board:

Chairman : Prof. Sanjeev Misra
Chief Editor : Dr. Arvind Sinha
Editors : Dr. Rajesh Sharma
          Dr. Poonam Elhence
          Dr. Amit Goyal
Students' Representatives : Sarthak
                          Nagma Sheenam

Front Cover Photo Courtesy: Mr. Mukesh Bhandari
Back Cover Photo Courtesy: Dr. Arvind Sinha
MESSAGE

I want to express my profound gratitude to Director and his faculty for accomplishment of first year of All India Institute of Medical Sciences, Jodhpur and happy to know that it is celebrating its 1st Annual Day on 17th September, 2013 and bringing out a magazine titled “Rohida – the communiqué” on the occasion.

AILMS, Jodhpur to become a centre of excellence for state-of-the-art technologies, equipment and expertise that supports research, clinical practice and health care in the state and the region, is a great achievement.

In these challenging times, we need to look for innovative and different approaches to our work and I urge you to leverage the tools, technologies and expertise that our core facilities offer.

I expect the Faculty, Resident and the Staff to carry on the excellent work being done under the dynamic guidance of its Director and other Sr. Faculty Members.

On this auspicious occasion I extend my heartiest congratulations to Director, AILMS, Jodhpur, and its faculty and staff members and wish the 1st Annual Day a grand success.

(GHULAM NABI AZAD)
MESSAGE

I am delighted that the All India Institute of Medical Sciences, Jodhpur is publishing the first issue of its Newsletter on the occasion of its Annual Day on 17th September. First of all I would wish to convey my warmest appreciation and congratulations to Dr. Sanjeev Misra, Director and all Faculty, Students and Staff of the AIIMS, Jodhpur on the successful completion of one year of purposeful work. Against many odds the institution has been able to complete one academic session. This is a tribute to the dedication and perseverance of the faculty and students.

Considerable expectations rest on the AIIMS, Jodhpur, as on the other new AIIMS set up in different parts of the country. These institutions are expected to be at the forefront of medical education and of serious medical research. They are also expected to serve as outstanding tertiary care institution for the welfare and benefit of all the people of their regions. I am sure that in a short period of time these objectives will be realized.

All good wishes and felicitations.

New Delhi
14 September 2013

Keshav Desiraju

[Signature]
Message

On behalf of AIIMS, Jodhpur, I welcome you all to get a glimpse of the journey of an arduous task to start an Institute of National importance along with the other five new AIIMS. I hope that you all will savor this journey with compassion and relish.

We started our journey on the 17th of September, 2012 with starting of our MBBS Course and we are still growing since then to achieve our goal in providing the best services in education, research and patient care.

We recognize that in the present scenario, health care delivery and education is essential to the success of any society. At AIIMS, Jodhpur, we intend to work with educators, health professionals as well as the support staff to respond effectively to the unique needs and experiences of students, patients and their attendants. This philosophy is central to the mission of AIIMS, Jodhpur. I always feel that the Institute and the community should be intimately linked. Our aim, therefore, is to strengthen the relationship between education, health care services and community.

Our mission is to promote and facilitate dialogue and research that will ultimately lead to the development of new and innovative approaches in teaching, learning and the best health care delivery system which can improve upon existing paradigms. The purpose is to educate students and serve patients and all concerned about their welfare – that is, the entire society.

AIIMS, Jodhpur plans to host a number of activities – seminars, conferences, dialogues – that will bring various constituents together to engage in conversations about pressing current medical education needs as well as the state of health care delivery and follow up. We already have successfully organized many such interactive sessions with the other Institutes and we are determined to follow our mission for the same.

AIIMS, Jodhpur is dedicated to fostering an environment for innovative, interdisciplinary research aimed at furthering the social and intellectual development of students and educators.

I congratulate all the Faculty, Administration and Support Staff at AIIMS, Jodhpur for working tirelessly and bringing up the Institute where it is today.

I also extend my heartiest congratulations to the Editorial Board of “Rohida” to have initiated this task to start a Communiqué, and all the faculty members and students who have enthusiastically contributed to its content.

We welcome the ideas and contributions of all those who share our mission and we look forward to working together to achieve it.

Dr. Sanjeev Misra
Director & CEO
Dear Readers,

The editorial team is honored to be presenting the first newsletter from AIIMS at Jodhpur. We chose the name of Rohida for our newsletter. It is not just the state flower of Rajasthan, but also a plant which is perfectly adapted to its arid environment. It enriches the environment without consuming too many resources - a perfect goal for our institution and its magazine.

The aim of a newsletter is two folds - one is to document and celebrate the steps and achievements of the institution and bring it to the world at large. But a newsletter just focusing on achievements and milestones in the life of the institution will soon become just a boring memo. The second and the more important aim of an institutional newsletter is to allow avenues for channeling the creative energies of both our students, faculty and staff. This allows for the proper all round development. It demonstrates who we are and gives a glimpse of the person behind the name. We are happy to state that we are in the midst of such a creative group of people who contributed wholeheartedly to this maiden endeavor.

As we look around and talk to the members of our great institution, we find that there are many teething troubles present. But amazingly, there is no negativity involved. The overwhelming feeling that we see in our midst, is one of supreme optimism and hope and a silent determination to make AIIMS, Jodhpur the best institution in the country.

The editorial board also wishes to thank our inspirational director, Dr. Sanjeev Misra, for reposing the faith in us for guiding this magazine through its maiden journey. His management style is simple - Treat everyone with respect and inspire each one to be the best he can be. Thank you, Sir.

As we start on our journey here at AIIMS, we are reminded about the oft quoted lines of Robert Frost -

The woods are lovely, dark and deep.  
But I have promises to keep,  
And miles to go before I sleep,  
And miles to go before I sleep.

It is with this dream and hope, we present this communiqué in your hands. LET THE JOURNEY BEGIN!

- Dr. Arvind Sinha  
Additional Professor  
Department of Pediatric Surgery  
(For the Editorial team)
Growing Family of AIIMS Jodhpur...

**Director and CEO**
Dr. Sanjeev Misra

**Professors**
Dr. Surajit Ghatak - Anatomy  
Dr. Sabyasachi Sircar - Physiology  
Dr. Praveen Sharma - Biochemistry  
Dr. Pankaja Ravi Raghav – Community Medicine and Family Medicine  
Dr. Sneha Ambwani - Pharmacology  
Dr. Raj Rani - Nursing  
Dr. Shilajit Bhattacharya - Pathology  
Dr. Vijaya Laxmi Nag - Microbiology  
Dr. Pradeep Bhatia - Anaesthesiology

**Additional Professors**
Dr. Brijendra Singh - Anatomy  
Dr. Rajesh Kumar Sharma - Physiology  
Dr. Ranabir Pal – Community Medicine and Family Medicine  
Dr. Pratibha Singh – Obstetrics and Gynaecology  
Dr. Kuldeep Singh - Pediatrics  
Dr. Arvind Sinha – Pediatric Surgery

**Associate Professors**
Dr. Shilpi Gupta Dixit – Anatomy  
Dr. Abhinav Dixit – Physiology  
Dr. Bharati Mehta – Physiology  
Dr. Vanita Lal – Biochemistry  
Dr. Pramod Kumar Sharma – Pharmacology  
Dr. Poonam Elhence – Pathology  
Dr. Anuradha Sharma – Microbiology  
Dr. Abhay Elhence – Orthopaedics
Assistant Professors
Dr. Renu Gupta – Anatomy
Dr. Dushyant Agrawal – Anatomy
Dr. Ashish Kumar Nayyar – Anatomy
Dr. Purnima Sharma – Physiology
Dr. Om Lata Bhagat – Physiology
Dr. Bharti Bhandari – Physiology
Dr. Indu Saxena – Biochemistry
Dr. Purvi Purohit – Biochemistry
Dr. Neeti Rustagi – Community Medicine and Family Medicine
Dr. Pankaj Bhardwaj – Community Medicine and Family Medicine
Dr. Shilpa Goyal – Trauma and Emergency
Dr. Mahaveer Singh Rodha – Trauma and Emergency
Dr. Surjeet Singh – Pharmacology
Dr. Ashok Kumar – Nursing
Dr. Amit Goyal – Otorhinolaryngology
Dr. Puneet Setia – Forensic Medicine
Dr. Ravishekhar Gadepalli – Microbiology
Dr. Nishant Kumar Chauhan – Pulmonary Medicine
Dr. Naveen Dutt – Pulmonary Medicine
Dr. Nikhil Kothari – Anaesthesiology
Dr. Puneet Pareek – Radiotherapy
Dr. Divesh Jalan – Orthopaedics
Dr. Ankita Chugh – Dentistry
Dr. Kirti Chaudhry - Dentistry
Dr. Suwarna Suman – Ophthalmology
Dr. Naresh Nebhinani – Psychiatry
Dr. Koushik Sinha Deb – Psychiatry
Dr. Saptarshi Mandal – Transfusion Medicine
Dr. Archana Bajpayee – Transfusion Medicine
Dr. Pushpinder Khera – Radiodiagnosis
Dr. Ramkaran Chaudhary – Surgery
Dr. Mahendra Lodha – Surgery
Dr. Shashank Shekhar - Obstetrics and Gynaecology
Dr. Archana Mishra - Obstetrics and Gynaecology
Dr. Neeraj Gupta – Pediatrics
Dr. Daisy Arora – Pediatrics
Dr. Navita Purohit – Physical Medicine and Rehabilitation
Dr. Vikram Singh – Medicine
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>27th Jul 2012</td>
<td>First Faculty joins AIIMS, Jodhpur</td>
</tr>
<tr>
<td>7th Aug 2012</td>
<td>Dr. Sanjeev Misra – Director and CEO joins</td>
</tr>
<tr>
<td>15th Aug 2012</td>
<td>Independence day - First celebration on Campus</td>
</tr>
<tr>
<td>17th Sept 2012</td>
<td>Start of the first Academic Session</td>
</tr>
<tr>
<td>26th Jan 2013</td>
<td>Republic Day Celebrations</td>
</tr>
<tr>
<td>23rd Feb 2013</td>
<td>Library for students started</td>
</tr>
<tr>
<td>25th – 26th Feb 2013</td>
<td>Workshop on UG and PG curriculum in Medical Physiology</td>
</tr>
<tr>
<td>22nd Mar 2013</td>
<td>Institute designated as the Regional Network Centre for National Medical College Network (NMCN)</td>
</tr>
<tr>
<td>16th Apr 2013</td>
<td>MOU signed with Bhagwan Mahaveer Viklang Sahayata Samiti, Jaipur</td>
</tr>
<tr>
<td>5th Jun 2013</td>
<td>Institutional Ethics Committee established</td>
</tr>
<tr>
<td>18th Jun 2013</td>
<td>MOU signed with Indian Institute of Technology (IIT), Jodhpur and National Law University (NLU), Jodhpur</td>
</tr>
<tr>
<td>1st Jul 2013</td>
<td>First Professional examinations conducted for MBBS students</td>
</tr>
<tr>
<td>25th Jul 2013</td>
<td>Visit of Hon’ble Health Minister, Shri Ghulam Nabi Azad Ji, to AIIMS campus along with Shri Ashok Gehlot, Chief Minister of Rajasthan</td>
</tr>
<tr>
<td>27th Jul 2013</td>
<td>Starting of basic OPD services</td>
</tr>
<tr>
<td>1st Aug 2013</td>
<td>Second Batch of MBBS joins the Institute and the beginning of Academic Session</td>
</tr>
<tr>
<td>2nd Sept 2013</td>
<td>Starting of College of Nursing with the start of Academic Session for the first batch of BSc (Hons) Nursing Students</td>
</tr>
<tr>
<td>17th Sept 2013</td>
<td>Launch of the first issue of the Newsletter of AIIMS, Jodhpur – “Rohida – the Communiqué”</td>
</tr>
<tr>
<td>17th Sept 2013</td>
<td>First Annual Day Function</td>
</tr>
</tbody>
</table>
EXPANDING OUR HORIZONS

The success of an institution does not occur in isolation but is also measured by the impact it has on other institutes. To that end, All India Institute of Medical Sciences (AIIMS), Jodhpur has been expanding its sphere.

A Knowledge exchange agreement was signed between the National Law University (NLU), Indian Institute of Technology (IIT), Jodhpur and AIIMS. A Memorandum of Understanding (MOU) was signed between the institutes on 18th June, 2013. This was done with a view to enable sharing common concerns for education, advancement of research and greater understanding of law, medicine, technology and other related disciplines. This will be of immense benefit to all parties concerned allowing knowledge exchange, scholarly interaction, cultural interchange and other forms of academic collaboration, sharing of library, laboratories and other infrastructural resources.

This agreement intends to promote the following activities:

1. Faculty and Research Fellows exchange
2. Joint Courses
3. Collaborative research
4. Sharing of resources including Library and Laboratory
5. Collaboration in co-curricular and extra-curricular activities
6. Collaboration in the spheres of expertise like legal, technical and medical issues

Many collaborative Research activities have been started between AIIMS and IIT and the benefits of this MOU is expected to be seen over the coming years with promotion of cutting edge research.

A Memorandum of Understanding between AIIMS, Jodhpur and Bhagwan Mahaveer Viklang Sahayta Samiti (BMVSS), Jaipur was signed on 16th April, 2013. BMVSS is a non-profit registered NGO providing artificial limbs, calipers and other aids to the physically challenged persons in India and abroad. Under this agreement, AIIMS will provide technical support for research towards human rehabilitation, setting up laboratory facilities and providing access to lab infrastructure. BMVSS will allow access to the technical data available with them to help AIIMS, Jodhpur to develop new tools and technologies for human rehabilitation.
Forthcoming Conferences...

53rd Annual Conference of National Academy of Medical Sciences

53rd Annual Conference of National Academy of Medical Sciences is being organized by the AIIMS, Jodhpur from 25th to 27th October, 2013. The National Academy of Medical Sciences, constituted of highly selected leaders in biomedical sciences, is a unique institution which combines academic excellence and research as its goals. Over the years, the Fellowship of the Academy has become a most cherished and coveted hallmark of distinction awarded through a well-structured and regulated system of peer review in recognition of outstanding achievements in biomedical sciences, medical education and professional excellence. The conference promises to be an academic feast!

Ethics in Medical Research

AIIMS, Jodhpur is organizing the National Conference on "Ethics in Medical Research" from 9th to 10th December, 2013. The finer points of ethics with regards to Medical research including the laws which relate to the conduct of medical research in India will be discussed in detail.

1st Annual Pelvi-Acetabular Cadaveric Workshop

The Department of Orthopaedics, AIIMS, Jodhpur in collaboration with "Association of Pelvis and Acetabular Surgeons of India" (APASI) is organizing the "1st Annual Pelvi-Acetabular Cadaveric Workshop" on the 11th and 12th of January, 2014.

A conglomeration of pelvi-acetabular surgeons of national and international repute will discuss this complex injury threadbare and the scientific deliberations shall benefit both experienced and young surgeons alike at this flagship event.

CARCON-2014

4th Annual National Conference on "Consortium Against Rabies" is being organized on 1st February, 2014 by the Department of Community Medicine & Family Medicine.

I have missed more than 9000 shots; lost 300 games, 26 times I have been trusted to take the game winning shot and missed. I have failed over and over again in my life & that is why I succeed.

- Michael Jordan
DEPARTMENTAL REPORTS

Department of Anatomy

1. **Project started/approved-**
   - Collaborative project with IIT, Jodhpur titled "Complexity of protein misfolding and aggregation: identification, assessment and characterization of cellular factors involved in proteotoxicity", approved by DST. (Dr. Shilpi Gupta Dixit)

**ICMR STS project (2013) approved:**
   - ICMR approved project titled "A study to analyze relationship between radiological morphometric measurements of knee joint and symptomatology of osteoarthritis. (Guide: Dr. Shilpi Gupta Dixit, Student's name: Vartika Kesarwani)
   - Incidence of Lumbarization and Sacralization in Normal and low backahe patients – A Roentgenogram study. (Guide – Dr. Renu Gupta, Student's Name: Priya)
   - Evaluation of Size of Lower Intervertebral Spaces And Its Relation With Severity of Low Back Pain In Housewives of Jodhpur City. (Guide: Dr. Dushyant Agrawal, Student's Name : Sumita Manohari)

**ICMR projects under grant in aid scheme of DHR (submitted for approval)-**
   - Dr. Renu Gupta: Measurement of Tibio-Femoral angle among ethnic Rajasthani population & its Radiological correlation.
   - Dr. Dushyant Agrawal, Dr. Shilpi Gupta Dixit: A prospective MRI based study of Corpus Callosum: to discover the differences in dimensions & volume in relation to sex & age.

2. **Conferences/CME attended:**
   - Dr. Surajit Ghatak, Dr. Brijendra Singh, Dr. Dushyant Agrawal attended International Seminar on Emergency Medicine and Trauma at AIIMS, Patna, 2013.
   - Dr. Brijendra Singh attended UPASICON 2012, Saifai, Etawah.

3. A series of lectures on Neuro-Anatomy were held between 9th to 17th May, 2013 & delivered in the department of Anatomy by Dr. D.R. Singh, Emeritus Professor from King George's Medical University, Lucknow.

4. Dr. Brijendra Singh presented a paper on “Genetics Counselling Clinic : A New way to Learn Anatomy” in UPASICON 2012 , Saifai, Etawah

5. **Papers published:**
   - 13 Papers have been published by the Faculty of the Department in reputed Journals.

6. **Other achievements -**
   - Dr. Surajit Ghatak has been nominated as National Editorial board Member in the Journal of Anatomical Society of India.
   - Dr. Brijendra Singh has been nominated as National Editorial Board Member in the Indian Journal of Anatomy & International Journal of Anatomy & Research. He has also been elected as the Vice President, Anatomical Society of India, U.P. Chapter, 2012 & Member, Executive

- Dr. Shilpi Gupta Dixit has been nominated as Member Advisory board, 6th International Medical Students Research conference—MEDICON 2013.

'Saraswati' Puja was organized by the Department of Anatomy on the occasion of Basant Panchami on 15th Feb, 2013.

**Department of Biochemistry**

**Conferences and Scientific meetings**

- Dr. Praveen Sharma - Invited speaker and Panelist, Research Workshop on "Inborn Errors of Metabolism and Metabolic disorder", International Union of Biochemistry and Molecular Biology, Kolkata, March 7-8, 2013.
- Dr. Praveen Sharma - Participated in National Conference on “Evolving Role of Ethics Committee in India” held at New Delhi 31st May -1st June, 2013.
- Dr. Praveen Sharma - Participated in conference organized on “Biochemistry Curriculum developing program” at AllIMS, Bhopal on 5th and 6th April, 2013.
- Dr. Praveen Sharma - Invited Speaker at forthcoming 13th Congress of Asia Pacific Federation of Clinical Biochemistry being organized at Bali, Indonesia.
- Dr. Vanita Lal – Participated in ACBICON at Ranchi, 2012.
- Dr. Vanita Lal – Participated in INDIACLEN 2013 conference.

The department has published 14 papers in various national and international journals in the last one year. Dr. Praveen Sharma, Prof and HOD, is the Editor-in-Chief of the Indian Journal of Clinical Biochemistry and Asia Pacific Federation of Clinical Biochemistry News (APFCB News). He is also the Chairman of the Communication Division, Asia Pacific Federation of Clinical Biochemistry and the Corporate wing of Association of Clinical Biochemistry of India and is NABL Assessor and a member of National Advisory Board of ACBICON 2012 and ACBICON 2013.

**Department of Physiology**

**Research Projects -**

- Epileptiform and audiometric brainstem evoked responses in children with speech and language impairment – Dr. Bharati Mehta

**Departmental Activities -**

- Conducted a workshop on “Undergraduate and Post Graduate Curriculum In Medical Physiology” - 25th & 26th February, 2013
- Organised guest lecture by Richard D Vaughan-Jones on “Spatial Ca”/H+ ion coupling in the heart: a key substrate for arrhythmia?”
Invited Lectures -

- Dr. Om Lata Bhagat delivered an invited lecture on “Biological Signals: Human Element in Signal processing” in a one week short term course on “Recent Advances in Signal Processing and Communications” held from September 1-5, 2012 at Malviya National Institute of Technology (MNIT), Jaipur.

Conferences, Workshops and Seminars -

1. Dr. Sabyasachi Sircar
   - Member Advisory Board, 6th Annual International Medical Students Research Conference (Medicon 2013) held from 12th to 14th April, 2013 at University College of Medical Sciences (UCMS), Delhi.
   - Chaired two sessions at APPICON-2012, held at Subharti Medical College, Meerut from 17th-20th Dec, 2012.
   - Attended as a delegate at the National Knowledge Network workshop at IIT, Mumbai, India.
   - Attended International seminar on Emergency medicine & Trauma, held at AIIMS, Patna on 21st-22nd January, 2013.
   - Organizing Secretary of the “workshop on undergraduate and Post Graduate curriculum in medical physiology”-25th-26th February, 2013 held at AIIMS, Jodhpur.
   - Attended National Workshop for sensitization and awareness on National Medical College Network (NMCN), (Ministry of Health & Family Welfare, Govt. of India) on 21st-22nd March, 2013 at SGPGI, Lucknow.

2. Dr. Abhinav Dixit -
   - Member Advisory Board, 6th Annual International Medical Students Research Conference (Medicon 2013) held from 12th to 14th April, 2013 at UCMS, Delhi.
   - Chaired a session in 6th Annual International Medical Students Research Conference (Medicon 2013) held from 12th to 14th April, 2013 at UCMS, Delhi.
   - Resource Faculty at Indian Journal Medical Specialities Annual conference cum Workshop 2013, on 7th July, 2013 at New Delhi.

3. Dr. Om Lata Bhagat -
   - Innovative Practicals illustrating Physiological Principles at AIIMS, Delhi on 22nd September, 2012.
   - APPICON-2012 at Subharti Medical College, Meerut from 17th to 20th Dec, 2012 as Resource Faculty in Workshop on Vascular function tests.
   - International conference on Soft Computing, Artificial Intelligence, Pattern Recognition, Biomedical Engineering and Associated Technologies, MBM Engineering College, Jodhpur on 23rd and 24th February, 2013.
4. Dr. Purnima Sharma -
   • Annual India CLEN Conference 2013 on 2nd & 3rd March, 2013.
   • Six days Hands-on workshop on Neurochemistry and Electron Microscopy at NIMHANS, Bangalore from 15th to 20th July, 2013.

5. Dr. Bharti Bhandari -
   • APPICON-2012 from 17th to 20th Dec, 2012.
   • Annual India CLEN Conference 2013 on 2nd & 3rd March, 2013.

The department of Physiology has published six articles in various journals of repute.

---

**Department of Community Medicine and Family Medicine**

**Research:**

- Study of prevalence and risk factors of metabolic syndrome in adolescent population of rural area of Jodhpur district of Rajasthan. (Collaborative Research Project with DMRC): Dr. Pankaja Ravi Raghav.
- Development of Competency based Curriculum of Community Medicine and Family Medicine: Dr. Pankaja Ravi Raghav.
Activities on International Days:

- **World AIDS Day 2012** –
  - Organized Poster exhibition by first year MBBS students. 1st Prize: Hargovind Singh, 1Ind Prize: Jyoti Kumari, 1llrd Prize: Sumita Manohari.
  - Role Play: Students presented two skits at Khejadikalan PHC.
- **International Women's Day 2013 - Debate Competition** was organized for undergraduate students. 1st Prize: Abhijeet Singh Barath & Sarthak Sharma, 1Ind Prize: Vartika Kesarwani & Prakrati Yadav.
- **World Health Organization Day 2013** was celebrated on 7th April on the theme “High Blood Pressure”.

Dr. Richard A Cash & Dr. Hunter from Harvard delivered talks on "Changing Pattern of Infectious Diseases in South Asia - A Personal Journey" & "Internet, Interdependence and Public Health" respectively on 6th June, 2013.

Workshops/Conferences attended:

- **8th Annual INDO-US Emergency Medicine Summit** from 26th to 28th October, 2012 at Nashik, Maharashtra: Dr. Neeti Rustagi.
- **Xth Annual Conference of Indian Academy of Geriatrics** 23rd – 25th November, 2012 at S.N. Medical College, Jodhpur: Dr. Ranabir Pal and Dr. Pankaj Bhardwaj.
- **Expert Group Meeting at AIIMS, Bhubaneswar** on 14th and 15th January, 2013: Dr. Ranabir Pal, Dr. Neeti Rustagi & Dr. Pankaj Bhardwaj.
- **South East Asia Regional Public Health Conference & 57th All India Conference of IPHA 2013**, from 1st -3rd February, 2013 at Kolkata: Dr. Neeti Rustagi.
- **Annual Indian Clinical Epidemiology Network Conference** on 2nd & 3rd March, 2013 at King George's Medical University, Lucknow: Dr. Pankaja Ravi Raghav, Dr. Ranabir Pal & Dr. Pankaj Bhardwaj.
- **Workshop on "Population Based Clinical Studies"**, at King Edward Memorial Hospital Research Centre, Pune from 17th – 21st June, 2013. - Dr. Pankaja Ravi Raghav.

Presentations:

- 'Formative & Summative assessments in Community & Family Medicine' at Expert group meeting at AIIMS, Bhubaneswar: Dr. Pankaj Bhardwaj.
- Curriculum development for Public Health & Family Medicine with regards to Specific Learning Objectives, duration of training in various clinical specialities at Expert group meeting at AIIMS, Bhubaneswar: Dr. Pankaj Bhardwaj.
- Assessments in Medical Education, Workshop on Medical Education Technology organized by Midnapore Medical College, Paschim Medinipur, West Bengal held from 2-5 July, 2013: Dr Ranabir Pal.
- Study of prevalence and risk factors of metabolic syndrome in adolescent population of rural area – Concept note presentation to Scientific Advisory Committee on Non-Communicable Diseases at DMRC: Dr Pankaja Ravi Raghav.

The department was the academic partner for the First National Family Medicine and Primary Care Conference held at New Delhi from 19th to 21st April, 2013 & also is a member of the consortium group of experts on H1N1 and other communicable diseases in Rajasthan. The department has published 15 papers in various national and international journals. There was active participation in national health programmes including the Pulse Polio Immunization Programme on the 20th Jan & 24th Feb, 2013 for the house to house coverage and the Measles Catch-up round on 16th Feb, 2013.

We have successfully organised a series of workshops on data analysis using SPSS from 19th-
24th August, 2013.

**Department of Pediatrics**

**Conferences Attended** -
- Dr. Kuldeep Singh - “National conference on Evolving Roles of Ethics Committees in India” at New Delhi from 31st May- 1st June, 2013.
- Dr. Kuldeep Singh - 3rd Session of Foundation for Advancement of International Medical Education and Research (FAIMER) workshop from 8th - 10th June, 2013, Mumbai.
- Dr. Daisy Khera - Attended workshop on 'Pharmacovigilance in clinical trials' held at AIIMS, Delhi on 6th July, 2013 which was organized by the Department of Pharmacology, AIIMS Delhi.
- Dr. Daisy Khera - Attended a conference "Rajasthan Conclave" organized by Desert Medicine Research Centre (DMRC) on 13th July, 2013.

**Presentations** –
- Dr. Neeraj Gupta - Presented a poster entitled "Profile of stillbirths in a referral tertiary care hospital: A Five Year Review" at the International Congress of Pediatrics 2013 (ICP) - The 27th Congress of International Pediatric Association, which was held at Melbourne, Australia from 24th-29th August, 2013.
- Dr. Kuldeep Singh was awarded a Fellowship by the FAIMER on 9th June, 2013 at GSMC FRI, Mumbai by VC MUHS.

The department has also published two papers in International Journals.

**Department of Anaesthesiology and Critical Care Medicine**

Dr. Nikhil Kothari, Assistant Professor, delivered an invited lecture on "Anaesthesia in patients on Antiplatelets and Anticoagulant drugs" in Indian Society of Anaesthesia (ISA), Jodhpur branch CME. He was invited as faculty for workshop on Ventilatory support at KGMU, Lucknow & attended 1st Annual International Best of Brussels Symposium on Intensive Care and Emergency Medicine at Pune.

He has published one paper.

The department is also publishing India's first online Journal of Anaesthesiology, Critical Care and Pain Management: "The Indian Anaesthetists' Forum" at http://www.theiaforum.org with Dr. Pradeep Bhatia, Professor & Head, as the Chief Editor of the journal.

Dr. Pradeep Bhatia has published two papers.

Dr. Shilpa Goyal, Assistant Professor, has attended Designing Medical Research & Thesis at AIIMS, New Delhi and 1st Annual International Best of Brussels Symposium on Intensive Care and Emergency Medicine at Pune.

**Department of Ophthalmology**

Dr. Suwara Suman, Assistant Professor, has published one paper after joining the institute.

**Department of General Surgery**

Dr. Mahaveer Singh Rodha, Assistant Professor, was invited as faculty in TRAUMACON-2012 at AIIMS, New Delhi.
Department of Otorhinolaryngology

Dr. Amit Goyal received first prize from the Hon'ble Health Minister for the best paper during scientific sessions at NEIGRIHMS, Shillong. He was invited as operating faculty for CME on cochlear implant surgery at NEIGRIHMS, Shillong. He is an editorial board member for the Journal of Surgery & has attended an International workshop on endoscopic endonasal skull base surgery, Stapes carnival at Jaipur and Designing Medical Research and Thesis at AIIMS, New Delhi.

Department of Obstetrics and Gynaecology

Conferences and Workshops
Dr. Shashank Shekhar participated in Workshop on “Pharmacovigilance and Drug Safety” on 16th Jul, 2013 at AIIMS, Delhi.
Dr. Pratibha Singh attended Skill Lab – Core group meeting organized by MOHFW from 15th-18th Aug, 2013 at Aurangabad.
Dr. Pratibha Singh attended meeting of Subcommittee for protocol development in Obs and Gynae from 14th-16th Jul, 2013 at AIIMS, Raipur.
Three papers by Dr. Shashank Shekhar have been accepted for publication.

Department of Physical Medicine and Rehabilitation

Dr. Navita Purohit is the Joint secretary of forthcoming Conference of Indian Association of Physical Medicine and Rehabilitation (IAPMR) midterm CME of IAPMR to be held in Mumbai (Kokilaben Dhirubhai Ambani Hospital) from 20th – 22nd Sep, 2013. She is also the Coordinator and faculty for Workshop on “Ultrasound and its application in Pain and Musculoskeletal Medicine” on 20th Sep, 2013. She has also been invited to deliver a lecture in ECAP (Education on Cancer Pain) to held in Tata Memorial Hospital and Research Institute, Mumbai, on 5th and 6th Oct, 2013.

Department of Psychiatry

Awards/Fellowships/Honours/Recognitions
- Dr. A K Kala Award, 37th Annual Conference of Indian Psychiatric Society- North Zone (Sri Ganganagar, 27th-28th October, 2012)- Will receive award on 26th-27th October, 2013.

Book Chapter

Invited Guest Lectures
- Nebhinani N. Stress Management. (Orientation Program, IIT, Jodhpur, 23.07.13).
- Nebhinani N. Mental Health and Adolescents. (Orientation Program, IIT, Jodhpur, 25.07.13).

The department has published 14 papers in various national and international journals in the last one year. Dr Naresh Nebhinani has also attended training program in Clinical trial methodology at PGIMER, Chandigarh and the fourth World Congress of Asian Psychiatry in Colombo, Sri Lanka.
Department of Orthopaedics

Departmental Activities
The Department of Orthopaedics is organizing the “1st Annual Pelvi-Acetabular Cadaveric Workshop” in collaboration with the Department of Anatomy and the Association of Pelvi-Acetabular Surgeons of India on 11th and 12th January, 2014.

Invited Lectures
- Dr. Abhay Elhence was invited as Guest Faculty at the MCh Orth Alumini meet at Pune & delivered a lecture on “Posterior Gateway to the Acetabulum”.
- Dr. Abhay Elhence was invited Guest Faculty at UPOACON annual meet of IOA at Aligarh & delivered a Guest lecture on “Acetabular Fractures-The Concept of Lag Screw Fixation”.
- Dr. Abhay Elhence was an invited Guest faculty in Trauma Symposium on Shoulder and Elbow Injuries at Jodhpur:
  a) Delivered lecture on “Proximal Ulnar Fractures - Conventional VS Technology”.
  b) Delivered Lecture on “Lower End Humerus Fractures – Tips and Pearls”.
  c) Chaired Session on “Proximal Humerus Fractures-Current State of the Art”.

Conferences, Workshops and Seminars
Dr. Abhay Elhence has been appointed as an external PG examiner in Nasik University and is also a reviewer for the trauma section of IAOCON 2014.

Dr. Divesh Jalan has been awarded the Asian Fellowship program in Hongkong 2013 (deferred).

The department has also published one paper.

Department of Surgical Oncology

Dr. Sanjeev Misra is the president of Indian Association of Surgical Oncologists and UP Chapter of Association of Surgeons of India (ASI). He is a Council member of Asian Clinical Oncological Society and a member of the Senate at IIT, Jodhpur.

He has delivered the prestigious Eighth Dr. Suresh Purohit Memorial Oration on the present and future of cancer control in India at the Railway Officers’ Club, Jodhpur. He has also delivered the Smt. Manju Seth Foundation lecture at Regional Science City, Lucknow.

He has been invited speaker at ASI conference at Kolkata & was a key note speaker in Workshop on Biologically Inspired Systems Science (BISS) held at IIT, Jodhpur. He has been invited guest at Annual Conference of Society of Surgical Oncologists (USA). He was an invited panelist for panel discussion on Breast cancer during “Carcinogenesis” organized by RMLPGI Hospital & Rajiv Gandhi Cancer Institute, New Delhi. He has also been invited as operating faculty during various conferences of ASI at Jharkhand, Dehradun and Patna. He is an examiner for various MS, MCh and DNB examinations for five universities.

College of Nursing

The College of Nursing has started the the BSc (Honors) course from 2nd Sept, 2013. A total of 60 girls were admitted to the course via an All India entrance examination. In the welcome address to the students, Dr Raj Rani, Principal, College of Nursing, congratulated all the students and hoped that the students will provide quality patient care and will undertake proper skill development to take the College of Nursing to new heights. Dr Ashok Kumar, while addressing the students, advised them to study hard and to achieve the highest levels of professionalism. State of the art Nursing skill lab development is in progress where nursing students will be given skill training before they interact with and take care of patients. The aim of College of Nursing will be to train the nursing personnel to meet the global needs of health care.
## ICMR Approved Short Term Studentship (STS) Projects

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Title</th>
<th>Name of Student</th>
<th>Guided By</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Evaluation of size of lower Intervertebral Spaces and its relation with severity of low back pain in housewives of Jodhpur city.</td>
<td>Sumita Manohari</td>
<td>Dr. Dushyant Agrawal</td>
</tr>
<tr>
<td>2.</td>
<td>Incidence of lumbarization and sacralization in normal and low backache patients-A Roentgenogram study.</td>
<td>Priya</td>
<td>Dr. Renu Gupta</td>
</tr>
<tr>
<td>3.</td>
<td>A Study to analyse relationship between radiological morphometric measurements of knee joint and symptomatology of osteoarthritis.</td>
<td>Vartika Kesarwani</td>
<td>Dr. Shilpi Gupta Dixit</td>
</tr>
<tr>
<td>4.</td>
<td>Effect of Age on Pain Induced Cardiovascular Reactivity, Blood Glucose and Proteinuria.</td>
<td>Abhijeet Singh Barath</td>
<td>Dr. Indu Saxena</td>
</tr>
<tr>
<td>5.</td>
<td>Comparative study of lab indices in Gymers, Athletes and normal controls.</td>
<td>Anubhav Raj</td>
<td>Dr. Vanita Lal</td>
</tr>
<tr>
<td>6.</td>
<td>Effect of the respiratory rate on the magnitude of Sinus Arrhythmia.</td>
<td>Tulsi Appat</td>
<td>Dr. Om Lata Bhagat</td>
</tr>
<tr>
<td>7.</td>
<td>Evaluation of effect of 24 hours sleep deprivation on cognitive processes using Stroop task.</td>
<td>Tushar Mittal</td>
<td>Dr. Abhinav Dixit</td>
</tr>
</tbody>
</table>

*Let difficulties know that you, too, are difficult.*

- Dr. APJ Abdul Kalam
OUTPATIENT DEPARTMENT AT AIIMS: A WINDOW TO HOSPITAL SERVICES

Hospitals are usually built with an intention to provide healthcare to the community. Outpatient Department (OPD) are usually the First Point of Contact for the health services which are cost effective, flexible and suitable to individual needs. With advent of modern technology, it also adds to the patient convenience, to benefit from a short focussed visit to hospital to obtain consultations from Medical Experts which, if properly utilized, will nearly obviate the need of expensive in-patient care. Nowadays, OPD occupies the centre stage and it is very apt to call it the “Window to Hospital Care”.

All India Institute of Medical Sciences, Jodhpur has launched the Basic OPD services on trial basis on 27th July 2013 in the presence of Secretary, MOHFW Government of India, Shri Keshav Desiraju, Dr. P.K. Kalra, Director, IIT, Jodhpur & Shri Sundeep Nayak, Joint Secretary, MOHFW. The objective of this launch was twofold. One, to provide consultation to the public in and around Jodhpur and Second to provide clinical exposure to 2nd year MBBS students wherein they are acquainted with the art and science of dealing with humans both in health and in disease. OPD provides an excellent opportunity to interact with patients with a wide array of conditions, differentiate between health and disease, and learn skills in communication and provide easy affordable care with compassion and empathy.

So far, we have been successful in achieving both our objectives. Since the launch, we have registered around 13,000 patients till August end. This figure also reflects the public who is more likely to use our services in coming days reflecting enormous expectations of the society. We have offered consultation services to more than six thousand patients. This figure is just based on OPD tickets issued and does not account for multiple consultations a person might have sought in different specialities. The response of public has been tremendous- the initial inquisitiveness is now being replaced by sustained OPD
consultation of around 250-300 genuine patients per day. Currently, the OPD at AIIMS is providing clinical opinion in General Medicine, Respiratory medicine, Pain, Pediatric Surgery, Pediatrics, Obstetrics & Gynecology, Physical Medicine & Rehabilitation, Psychiatry, Orthopaedics, General Surgery, Surgical Oncology, Radiation Oncology, ENT, Dentistry and Ophthalmology.

We have been successful in imparting training to MBBS students in clinical domain. With educational objectives to provide exposure to subjects in broad areas of General Medicine and General Surgery, we have been able to provide 2nd year Students with nearly structured clinical postings. Moreover, with the assistance of clinical faculty in ancillary departments, protected clinical teaching for skills like art of interviewing, eliciting information, logical organizing, summarizing and decision making, enhancing the communication skills is also being imparted. In addition, the students are being assessed on a day to day basis and are being provided timely feedback.

The OPD at AIIMS, Jodhpur provides services from Monday through Friday from 9 AM onwards, with registrations and OPD tickets being issued from 8 AM to 12 Noon. The services are distributed through 3 blocks- Block A (Diagnostic), Block B (Medical and allied) & Block C (Surgical and allied) incorporating 22 consulting chambers and 3 major labs. In addition, the facility also lodges 2 treatment rooms, 2 record rooms and 2 teaching rooms. With the help of public relations executive, efficient data entry operators and OPD helpers, our team has been able to ensure smooth flow of patients with intention to minimize the waiting time and quick consultation with intended experts. Basic laboratory tests for Biochemistry, Pathology and Microbiology are also available in the Diagnostic Block and are being constantly updated as soon as available. Proper Bio-Medical Waste Management System has been commissioned with the efforts of department of Microbiology in all the OPDs & Laboratories.

Since, this is only a basic OPD service, we will gradually introduce enhanced services in the coming months.

- Dr. Kuldeep Singh
Additional Professor & Head
Department of Pediatrics
BISMILLAH KHAN AND I

Halfway into the recital, Bismillah Khan paused suddenly and, casting an imploring look at the audience, almost pleaded: Aap log kum-se-kum daad to dijiye! Nehito mein sochunga ki apna fees loun aur chalaa jaan! (At least applaud or else I will consider taking my fees and leaving). It was heart-rending to hear the maestro pining for plaudits from a mediocre audience...

It was sometime in the late nineties that Bismillah Khah came to our college, the University College of Medical Sciences, located in Dilshad Garden. He was to perform for Spic Macay, the Society for Promotion of Indian Classical Music and Culture Amongst Youth. Since our college did not have an auditorium, a large room on the fifth floor that was furnished as an examination hall was cleared of the furniture and converted to a makeshift music hall. Caught in a traffic jam, Bismillah Khan and his troupe arrived an hour late. After taking another hour to settle down and tune all the instruments, he started at about seven in the evening. He began his Shehnai recital with Raag Bhum Palashi, a popular evening raga. He began very slowly as customary but, intuiting the stolidity of the gathering, quickly stepped up the tempo and leavened the melody with a flurry of magical strings of notes. The unorthodox style was aimed at quickly captivating the dull audience but it failed, driving him to despair. His appeal for applause had the desired effect: The audience sat up and swayed to rhythm of the music.

The rendition of Bhimpalasi lasted about 45 minutes. After a brief pause to recover his breath, he said with a gentle smile: Jab-bhi main kisi mehfil mein jata hoon, to ek nazar mehfil pe daal-ta hoon – dekhta hoon ki mera koi saathi wahan hai ya nehin. Mujhe yahan do saathi mil gaya! (Whenever I go to a musical, I cast a glance on the audience to look for friends. I have found two friends here). Everyone in the hall looked curiously around, trying to identify the two 'friends'. I was sure that I was one of them, since the maestro's gaze had met mine as he smiled. I also knew intuitively that his other 'friend' was Dr. Revati, then a Lecturer in Microbiology, who was well-versed in Indian classical music. She was seated a little behind me.

Bismillah Khan then moved on to raag-maalika – a seamless potpourri of several ragas of different hues. It was fun identifying the ragas – Raag Sarang! I whispered aloud, turning to Revati. The next moment, an excited Revati nudged me and said– Raag Aabhogi! The maestro stopped abruptly and, lowering the Shehnai from his lips, cried out with joy – Wah! Wah!! Raag pehchaan rahey hai! (Wow! They recognize the raagas!) And so continued the odyssey – bageshree, bhairavi, kedar, tilang, basant, bahar … one-after-other, the mellifluous ragas issued from the pipe of the wizard and wafted across the hall. I even knew the instant he softly touched the vivaadi swara – 'rebel' notes that are unusual to a raga but nonetheless used very sparingly and judiciously to spice up the raga – and signalled to the maestro with a gentle nod that the note had indeed struck a chord with me.

After the recital, the students escorted Bismillah Khan to the annexe room and served him tea and snacks, which he gladly accepted. As he munched the snacks, he called Revati and me. After talking to Revati, he turned to me and asked “Aap kya koi saaz bajatey hain?” (Do you play any musical instrument?) To this date, I wonder how he knew that! At that moment, however, I completely forgot that I did play the harmonium. At the same time, I did not want to disclose to an exponent of classical Indian music that I played the Hawaiian guitar. Avoiding a direct answer, I told him very humbly that I had completed my Sangeet Visharad in vocal music. My humility was not lost on the great man and he tried to console me: Sangeet Vishaarad koi chhoti chheez nehin hai, agar aap usko sambhaal ke rakh sako (Sangeet Vishaarad is no trifle if you can retain it). Bismillah Khan’s pleasure with the evening's events
was undisguised: “Aaj subah bhi ek jagah bajaya – wahah teen-gunah log thhey – par maza nehin aya – yehan baja key bohout anand aya” (The audience at my morning recital was thrice as large but I did not enjoy it – but I really enjoyed performing here) – and then concluded with a sad smile – Kya karein! Yeh Dilli hai (What to do? This is Delhi).

The students escorted Bismillah Khan to the portico where they waited for the car to arrive. I was present there too, to see off my idol – I wanted to touch his feet but was hesitant, knowing that it was a taboo to Muslims. However, just as the car arrived, I couldn’t resist the temptation – I bowed and touched his feet. Seeing me, half a dozen students hurriedly followed suit. The maestro’s face lit up with joy and he gushed reflexly – Wah! Kalakaar hai na! (Wow! He is an artist, after all!). Needless to say – he did not care if the act was un-Islamic: His religion was music – he had transcended the religions of lesser mortals.

High on adrenaline, I could not sleep the whole night. The next day, my colleagues quizzed me: “How did Bismillah Khan identify the two of you in the crowd”, they asked. “By the way we nodded”, I replied tauntingly. “But weren’t we all swaying and nodding?” my friends were incredulous. “You have to nod at the right instant”, I quipped, and walked away smiling.

It was a lifetime’s experience for me to meet the unassuming genius from such proximity. Yet, deep within, I felt a gnawing pain as I recalled how Bismillah Khan was delighted on sensing the adulations of a humble listener like me. I remembered my guruji telling me: “When you sing on the stage, you must reconcile to the reality that there may not be a single person in the audience who understands the subtleties of your music. You need to imagine one and sing to that imaginary listener.”

I gave up classical music long ago – way back in 1993 soon after I completed my Sangeet Visharad from Gandharva Mahavidyalaya, standing second in Delhi. Looking back, it was a strange obsession since I never had a gifted voice. On going through the drill, I knew I was running out of depth, unable to dilate upon the raagas with aplomb – to weave out the vistara (elaboration) – which is the essence of Indian classical music. I only have an acute sense of notes that can make me, at best, a good copy-cat instrumentalist or a dependable accompanist. Convinced that I lacked musical creativity all along, I was seized with remorse on having wasted valuable years of my life in an infructuous pursuit and gave up music with a vengeance. The meeting with Bismillah Khan came as a consolation to me – after all, my decade-long dedication to Indian classical music was not an utter waste: It not only taught me to appreciate some of the finer points of Indian classical music but more importantly, it gave me an insight into the sad, lonely world of musicians, even the maestros – one that the uninitiated can never have.

- Dr. Sabyasachi Sircar
  Professor & Head
  Department of Physiology
Desiderata

Go placidly amid the noise and haste, and remember what peace there may be in silence.
As far as possible, without surrender, be on good terms with all persons.
Speak your truth quietly and clearly; and listen to others, even the dull and the ignorant; they too have their story.
Avoid loud and aggressive persons, they are vexations to the spirit.
If you compare yourself with others, you may become vain and bitter;
for always there will be greater and lesser persons than yourself.
Enjoy your achievements as well as your plans.
Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.
Exercise caution in your business affairs: for the world is full of trickery.
But let this not blind you to what virtue there is; many persons strive for high ideals;
and everywhere life is full of heroism.
Be yourself.
Especially, do not feign affection.
Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.
Take kindly the counsel of the years, gracefully surrendering the things of youth.
Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings.
Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself.
You are a child of the universe, no less than the trees and the stars;
you have a right to be here.
And whether or not it is clear to you, no doubt the universe is unfolding as it should.
Therefore, be at peace with God, whatever you conceive Him to be, and whatever your labors and aspirations in the noisy confusion of life, keep peace within your soul.
With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

Desiderata is a prose poem written by American writer Max Ehrmann in 1927. It was, ironically, largely unknown in the author’s life time. It became popular after the Reverend Frederick Kates included it in a compilation for his congregation in 1956 at St. Paul’s Church in Baltimore, Maryland.

Contributed by: Dr. Poonam Abhay Elhence
Associate Professor
Department of Pathology
EXAMINATION – FEVER

(A complete & comprehensive case history is worth a fortune for diagnosis of disease in our clinical practice. The following excerpts are being taken from the case history of a modern university student who suffered from an episode of so called EXAMINATION – FEVER)

i. Name - modern student

ii. Sex - cannot be easily ascertained by the dress. Hence, O.G.K (only GOD knows)

iii. Date of admission - on the day when university examination time-table was announced.

iv. Date of discharge - when examination was over.

v. Result - completely cured of all symptoms.

vi. History of present illness - the patient was laid down by fever accompanied by fear with chills one month back, when the date of university examination was declared. He developed headache & all sorts of aches while concentrating on his text books.

vii. Previous history- patient never attended classes regularly & was regularly irregular. Patient never bothered to take down notes in classes, never even tried to find out or to know the titles of the text books. Patient used to go to movies during college hours & used to make fun of professors in the classes.

viii. Family history- patient belongs to a good family. His parents regularly sent him MO’s (money orders) for his monthly expenditure & they felt that the patient was old enough to know his duties & responsibilities. So, they never tried to interfere in his studies.

General condition - at the time of admission, the patient looked healthy but had grown a long beard & probably had forgotten how to shave & bathe! Every time he has a book in his hand & whenever he tries to open it & read it, he feels sleepy. Appetite is normal except at the time when the thought of approaching examination comes to his mind.

Temperature & BP- temperature increased gradually as examinations were approaching but as soon as the exams were over, his temperature reached normal again. His blood pressure was very high as he carried a heavy textbook in his hands.

Central nervous system - patient constantly complained that his memory was gradually diminishing & his grasping capacity from the books was nearly nil. The patient at times was very irritable & would throw books on the walls & also stare for a long time without focusing on anything in particular.

Condition after fever was over - the patient was completely cured as the exams were over. He immediately shaved & took bath with scented soap &
Some advocate the use of pep-pills. But, if they are taken for a prolonged period, the patient may end up in a mental hospital.

Preventive measures- they are more effective & if taken properly will help the patient to steer him out of the fear of exam-fever. Patient should attend classes regularly throughout academic session & should not make fun of professors & should never go to movies during college hours. Patient should read his text books regularly & should take his studies seriously & with more responsibility.

- Dr. Saurabh Samdariya
  Senior Resident
  Department of Radiotherapy

---

**Eyes of wonder**

Wonder is the source of wisdom, wonder is the source of all that is beautiful and wonder is the source for the search, the real search. Wonder takes you on the adventure to know the myrten’s of life. Watch trees dancing in the wind, watch a lotus with iridescent dew droplets, watch chirping birds on trees, just watch everything. Drop your whole knowledge. Only watch, with free state of mind and eyes of wonder. Now you will experience a consciousness .......... that is God.

Extract from Life Essentials of Osho, modified by - Pankaj Verma
1st Year, MBBS
From Clouds To Sand..............
A Journey Proven Worth!!!

About eight months of decent rains every year............sitting in our drawing room AMIDST CLOUDS...........temperature never ever crossing 26° Celsius...............view of green valley & seasonal waterfalls from our balcony!!! Was it a dream..................Yes, actually it had been a dream for me since my MBBS days to be in a central government institute, preferably AT A HILL STATION.
And see...God has been kind enough to give me a chance to actually live my dream in reality.....how many people are blessed in this way!!! It is not only the place, I have enjoyed every moment of my stay in Shillong (Meghalaya - The abode of clouds) in every aspect...right from working hard in and for the department.....discovering virgin, mesmerizing natural unexplored places.....the always positive interaction with students and colleagues and administration and working hard with and for them.....managing students’ affairs & events continuously for four years.....and not forgetting helping the REALLY needy people of that region whose ignorance is really an eye-opener for the rest of the country! There cannot be ANY RELIGIOUS RITUAL, better than to help such people in need — I really thank God for giving me this opportunity to serve HIM in this way.
The greatest gift of my stay in the CLOUDS has been the freedom of my mind and soul from all kinds of man-made barriers including cast, creed, colour, religion, region, language, culture, food habits, socioeconomic standards etc. I feel treasured with this state of EXISTENCE of FREE MIND AND SOUL.
And then, the wake up call from a dream to a different kind of reality...........the sweet fragrance of sand dunes was calling!!! Just at a very crucial point in my career, I landed up in my homeland........in sharp contrast NATURALLY! From greens to browns...........from short heighted people to tall ones...............from wet cold to dry heat...............from sloping curves to flat highways...............from woven nest in clouds to a strong branch waiting for another nest to be woven upon! New people.......new team............new challenges! Yes - it took some time for me to match the frequency of fast running souls after coming from the tranquil land of SUKI-SUKI (Slow-Slow)! The noses, the eyes, the thought frequencies, the priorities...........everything is different.
Today, when I see so many energetic & caring faces around...when I see my daughter coming home in the evening after being drenched in sweat......when I get a chance to speak with patients in their own language and enjoy a lovely smile on their faces......when I listen to my parents' voice beaming with feeling of physical proximity......when I see the Institute's interests being served ahead of any individual's.......I really feel that this journey FROM CLOUDS TO SAND is worth performing a thousand times!!!

- Dr. Amit Goyal
Assistant Professor
Department of Otorhinolaryngology
I Feel So Lonely Maa.....

बचपन के वो प्यारे लम्हे, तेरा जिनमें साथ रहा,
थक हार के घर लौटते जब, तेरे हाथ से पानी पिया;
तेरे हाथ की रोटी का एक मीठा-रता जो स्वाद पिला,
जानी है अब इनकी कीमत, जब मेरा तुमसे साथ छूटा।

सुबह-सुबह जब सिर पर मेरे एक हाथ प्यार का स्वती थी,
दिनभर की हर मस्ती की नई शक्ति मुझमें भर देती है,
तेरे इस प्यारे स्पर्श की, तरसा अब में करता हूँ,
सुबह की उस पहली किरण में तेरा अहसास अब करता हूँ।

बिना तेरी लोशी के नींद कहाँ तब आती थी,
तेरे परियों के किस्सों में दुःखिया मेरी खो जाती थी,
प्यारे वो बोल तेरे, कहनों में अब हे गूँजा करते,
रातों के हर सपने में, तेरा चेहरा अब देखा करते।

पापा की हर झट से हर बार मुझे बचाती थी,
किनारे ले जाकर कोने में प्यार से मुझे समझाती थी,
पापा का वो गुस्सा भी अब अच्छा मुझको लगता है,
एक बार फिर तेरे आने की आस मुझमें भर देता है।

जाने कहाँ चली गई तुम, पूर्वे बुध से बस यही,
बस एक कभी है इस जीवन में, तेरा साथ नहीं है माँ।

- यश कुमार परिहार
ब्रिटीय वर्ष, एम.बी.बी.एस.

You cannot change your future, but you can change your habits and surely your habits will change your future.

- Dr. APJ Abdul Kalam
‘‘हौसलों के उड़ान’’

हौसलों के उड़ान, जब झूँढ़नें लगे, सवन्नों का सहारा,
लगे जब उड़ते हुए पसीं को काट कौई, बनाया बैसहारा
जिन्दगी के हसरह खबर सच होने से भीलों वापस आ जाएं
जैसे – भूखे परिपदे के मुख से कोई छीन ले चारा।
ऐसे में हर दीप बुझाने-से लगे,
हर सवन्न झिलमिला मिटने लगे,
मन को हर आस निराश लगे…
लगे रोशनी पर किसी ने चादर ही ढाली।
मन बेचैन हो छटपटाने लगे,
आशा सोच से मुंह फिराने लगे,
ऐसे में कोई मिले, उसे बताए,
तू भटक मत पंछी, आस बढ़ा, प्यास बढ़ा खोल ले परों को,
फिर से उड़ान भर, नई उड़ान, हौसलों के उड़ान
क्योंकि………
तेरे अंदर है उजियारा, जग का उजियारा।

- पूनम वर्मा
प्रथम वर्ष, एम.बी.बी.एस.

Nature and Spirituality

To be in time with the whole, to feel the harmony, the joy and sheer celebration of being here, that is spirituality.

It is nothing to do with going to church or temple or masjid, it is nothing to do with reciting Koran or Bible or Gita, it is nothing to do with any kind of worship of ritual. It is something to do with communion.

Communion with stars, communion with rivers & mountains, communion with trees and communion with all that is. The Quality of mad love is needed & then, you are spiritual.

Extract from Life Essentials of Osho, modified by - Pankaj Verma
1st Year, MBBS
Love Letter In Medical - Language

मेरे प्रिय कार्डियो लीवर,

तुम्हारे स्नेहिल सिन्धु हाथों का स्पर्श ऐसे लगा जैसे Synovial Fluid, अब तो superior inferior, medial, lateral, anterior and posterior सभी तरफ लुप ही तुम नजर आती हों। तुम्हारी नाक के Superior, तुम्हारी मुंह नवनी सी ओरें, तुम्हारी ओरों के Lateral तुम्हारे छोटे से कान में लम्बे से कुण्डल, तुम्हारी नाक के inferior तुम्हारे गुलाबों जैसे अधर, और तुम्हारे चेहरे के Posterior में नासिन सी चोटी ने मेरे Neuronal transmission को इतना Disturb कर दिया है कि मैं तुम्हारे ख्यालों के Impulse में खोया रहता हूँ। तुम्हारे चेहरे की Anatomy को Describe करने के लिए मुझे Gray's में भी शब्द नहीं मिले।

प्रिय, अब तक तो मैं Multi axial Joint के समान था पर अब मैं Mono axial Joint हो गया हूँ। मेरी जिंदगी की Bone का Distal end तुम्हारी जिंदगी की Bone के Proximal End के साथ मिलकर Mono axial Joint बना रहा है। तुम्हारा प्यार अरिथमेज्जा (Bone Marrow) की तरह मेरी हड्डियों में भरा है मेरा संबंध तुम्हारे साथ एक Hinge Joint की तरह है जो कि एक ही दिशा में सिर्फ तुम्हारी तरफ मुड़ सकता है।

तुम्हारे दिल तक पहुंचने के लिए मैंने जाने कितने Ligament के Tendon से सेतु बनाये और उन्हीं सेतुओं पर Saltatory Conduction करता हुआ भी राम की तरह तुम्हारे दिल की लंका में आ गया। तुम्हारे बीच चल रहे इन रसायनिक समीकरणों को शायद Harper भी न सुलझा पाये और आगे अब क्या सिद्ध, मेरी अरिथ्म मज्जा में बनने वाली हर रक्त कणिका पर सिर्फ तुम्हारा नाम लिखा है।

- भूवनेश मालव
प्रथम वर्ष, एम.बी.बी.एस.

---

God and Dance

God is the ultimate dance. You will have to learn, ecstatic dancing to experience God.
"God" is dance where the dancer disappears, then the experience arrives, showers on you & you know. But that knowing is not knowledge, the knowing is wisdom.

- Pankaj Verma
1st Year, MBBS
THE LOST TERRITORY

For long a home so calmly stood
Giving the loving warmth as much as it could
Who thought a day shall mark
When silence shall prevail with everything in dark.
The tree stood tall with spines here and there
and not a single companion tree to share
The emotions of loneliness and far stare
Touching the call and company of air
A tough weather accompanied it
In which no other shall dare to fit.

- It sheltered some squirrels and some birds
- Only those added life with their sounds and words
- It used to rustle and cheer the surroundings
- Making this lonely place where creatures had dwelling
- In summers, in winters, in rain and autumn
- It sheltered them with a touch of bosom

A day came, a man came, came and cut the tree
The tree fell and with it fell a territory
No one to listen, no one to hear, no one to give a sheer
Look to the, to the fallen home, home that hosted peers.
The squirrel cried, cried in night, the night it did rain
The birds chirped, chirped, and chirped, On that lonely night

- The dawn broke, the sun shone, it shone through the clouds
- Not like everyday, that day with only handful of sounds
- A thing happened, a seedling sprouted, sprouted in its vicinity with last few breaths, the log blessed it, blessed that it shall prevail
- A squirrel stood, it watched the wood, disheartened it stood
- It looked around, it made a sound, the log kept lying on the ground

For long a home so calmly stood
Giving the loving warmth as much as it could
Who thought a day shall mark
When silence shall prevail with everything in dark.

- Sarthak
1st Year, MBBS

Your time is limited, so don’t waste it living someone else’s life. Don’t let the noise of other’s opinions drown out your own inner voice and have the courage to follow your heart & intuitions.

- Steve Jobs
प्रेरणा से कर्म

किसी के भाव एक प्रेरणा, जब भी आएगी
तड़प कुछ गुजरने की, मचल देओ जाएगी
तुम्हारे जद्दों एक भावनाओं का,
कितना भी वाहो तमन्ना, समभाल न पाएगी।

सृष्टि कर्म कृति नरेगी, संसार को
स्वं विशिष्टित करेगी, अपने विस्तार को
रंगों की छटा, एक आकार के परे
स्वतं ही अनुति कृति में, बदल दे जाएगी।

कलम किसी विचार से गर, कभी उठ जाएगी
तो धरती सारी एक ही कग में, सिमट सी जाएगी
शब्दों की हर गूंज है, आकार से परे
सब निकहरेगी तो शह, निवेश सी जाएगी।

समयों को साकार करने, जब कल्पना चलेगी
मानव जीवन के लिए, नई एक राह मिलेगी
धातु एक बेजान सी, किसी विचार से परे
जीवन सुजन का शक्तिशाली स्रोत भी बन जाएगी।

फिर आज युवा कर की, चेतना कहाँ गई
संकल्प हो जाए तो है, प्रेरणा नित नई
प्रवास कर के देख तु, किसी प्रवास से परे
सम्पूर्ण सृष्टि तेरी ही कर्म से, संवर सी जाएगी।

- डॉ. ओम लता भगत
सहायक आचार्य
शैर क्रिया विज्ञान विभाग

It’s not whether you get knocked down, it’s whether you get up.

- Vince Lombardi
Nature Walk...

The AIIMS, Jodhpur residential campus is frequented by about 15 species of birds which include the commonly sighted birds like the Indian Robin, Common Babbler, Rose-ringed Parakeet, House Sparrow, Brahminy Mynah, Common Mynah, Hoopee etc. In addition, one can also sight species like the Cattle Egret, Little Egret, Red Wattled Lapwing, Gray Francolin (teetar), White shouldered Kite, Black Kite in the campus.

It is worth mentioning that there is an abundance of house sparrows in the campus. The same bird has gradually vanished from bigger cities due to the growth of concrete structures and drying up of water bodies, so much so that the Delhi Government is initiating a campaign to save its habitat.

To highlight the importance of nature in our lives, a nature walk was conducted in the campus premises on a cool Sunday morning in July. The participation was very encouraging with about 25 persons which included 15 children turning up for the walk. The children were especially enthusiastic and came armed with their binoculars and field guides. A pamphlet containing the list and pictures of birds which were likely to be sighted was distributed at the outset. The entire exercise was a fun-filled educative experience for all of us. The infectious enthusiasm of the children soon spread over to the adults. The children were also briefed about the importance of preserving trees, water conservation, proper waste disposal etc. Such activities are especially important in this era when overdependence on technology is distancing us from nature. Similar activities would be regularly undertaken in the future to highlight the importance of environment to the future citizens of our country and also to preserve the flora and fauna of the campus.

Dr. Koushik Sinha Deb  
Assistant Professor  
Department of Psychiatry

Dr. Pushpinder Khera  
Assistant Professor  
Department of Radiodiagnosis
JANMASHTAMI CELEBRATION-2013

Twenty Eighth Aug, 2013 was a great day for the entire family of AIIMS, Jodhpur with the celebration of first Janmashtami program in the institution. A small cultural evening was organized on the occasion to offer worship to Lord Krishna and seek his blessings for the well-being of everyone and for the progress and prosperity of the institution. The auspicious evening saw the establishment of Lord Krishna’s idol in the campus. Dr. Rajkumar, Director, AIIMS, Rishikesh had kindly consented to be the chief guest for the occasion. Dr. Sanjeev Misra, Director, HODs of various departments, other faculty members and students of MBBS batch 2012 and 2013 were all present to celebrate the auspicious occasion.

The cultural evening saw many beautiful performances in the form of bhajans, songs, dances and a skit depicting excerpts from the inspiring life of Lord Krishna. It began with the traditional lamp lighting ceremony by the chief guest Dr. Rajkumar, Dr. Sanjeev Misra and boys hostel Provost Dr. Brijendra Singh followed by Shree Ganesh vandana by the students. Then, Siddharth and Anubhav built up a serene atmosphere with the bhajan ‘O Palanhare’ describing the unbiased yet loving, all powerful & the ever caring Krishna. Then, one by one other bhajans like ‘Choto so mero madan gopal’ (Rajasthani bhajan), 'Achuytam Keshavam' (Hindi song) and a Malayalam bhajan 'Jannapanna' all dedicated to the Lord brought out the reverence that Krishna holds across various languages and cultures in India. The dance 'Radha Kaise na Jale' and 'Go go go Govinda' enraptured the audience. To top it all, a small skit depicting the Govardhan Leela of Krishna gave an insight into the way of life of Krishna and his philosophy, teaching us a very important lesson of letting go of the ego for what we possess and working for the sake of righteousness. Towards the end of the cultural eve, the audience enjoyed joining their voices with the 2012 batch group singing 'Radhika gori se..' . The chief guest and Director then blessed the students with their words of wisdom and appreciated the effort that had been put up in the last 24 hours to bring up the program.

This was followed by celebration of the great moment of Lord Krishna’s birth at around 12 in the night. The chief guest, our director, teachers and students worshipped the lord with traditional pooja and song. This was followed by the most enjoyable session- all the students joining in for dance and enjoyment as the volume of speakers reached their pinnacle with the song ‘Go go go Govinda’. It was a great delight to see our teachers and Dr. Sanjeev Misra Sir joining the students for the dance! "Prasad vitaran" followed as the guests, faculty and the students left for the boys hostel to witness the 'matkifod' program. This was again a big success and everyone enjoyed it thoroughly. The entire faculty and the guests then left. But, the fun continued as the students danced to their fullest, enjoying every single moment!

This would remain a lovingly memorable event for the entire family of AIIMS, Jodhpur for years to come.

- Abhijeet Singh Barath
IInd Year, MBBS
STUDENTS ACHIEVEMENTS

First Professional MBBS Examination Result

For the year 2012-13, a batch of 50 students appeared for the first MBBS professional examination and 92% were declared successful. Abhijeet Singh Barath stood first by securing highest aggregate of 77% and Nikhil Rajvanshi stood second with an aggregate of 74.3%.

Roll of Honor – Subject wise

**Biochemistry**
1. Abhijeet Singh Barath*
2. Nikhil Rajvanshi*
3. Tulsi Appat
4. Galib Mirza Nasirul Islam
5. Prakrati Yadav

**Physiology**
1. Abhijeet Singh Barath*
2. Galib Mirza Nasirul Islam*
3. Vartika Kesarwani*
4. Nikhil Rajvanshi*
5. Sulochana Saraswat

* Students securing distinction

**Anatomy**
1. Abhijeet Singh Barath
2. Vartika Kesarwani
3. Nikhil Rajvanshi
4. Galib Mirza Nasirul Islam
5. Prakrati Yadav

Achievements in Sports Activities

Our students have also participated in MBM Engineering college sports fest and IIT Marathon. Hargovind Singh got first prize in carrom singles and 2nd prize in carrom doubles with Shrey Gole. Swapnil Tripathi, Abhijeet Singh Barath, Pradhan Meena and Dharmendra Ishran were runners up in 4x100 meters relay race. Various informal sports events between students, faculty members and administrative staff have been organized.

Participating in Mini Marathon: AllIMSonians style of enjoying a pleasant winter morning
NATIONAL DAY CELEBRATION

Independence Day Celebration in 2012 with a handful of staff - A first at AIIMS, Jodhpur!

Republic Day Celebration at AIIMS, Jodhpur

15th Aug 2013 - Independence Day Celebration - Showcasing the growing family at AIIMS, Jodhpur
OUR STUDENTS

2012 Batch

2013 Batch
STUDENTS’ GALLERY

Learning from the deceased

Colorful canteen

Artistic dimensions

Hands-on with colleagues

Dancing to the Tunes

Towards a greener earth
Our Team

Our Team of Faculty - “Pillars of Strength”

Administrative backbone

An institute of the size of AIIMS, requires very strong support from the administrative staff. Shri Ashu Mathur is the financial advisor and Shri Manish Srivastava is the administrative officer of the institute. They are ably backed by a group of highly competent young staff members. The administrative office regularly burns the midnight oil as one deadline after another inevitably approaches.
PHOTO GALLERY

Directors of AIIMS, Bhubaneswar & Raipur

Receiving prize from Hon’ble Health Minister

Testing Times

The Divine glow

Sharing knowledge

With one eye towards the future
This painting is a product of a positive senior-junior interaction. In my very first few days of MBBS at AIIMS, New Delhi, I was asked by a senior, Dr Vishal Kapoor, to show him a sample of what I could do with a students water color set and a thin sheet of A4 paper. I painted this hornbill over almost 4 hours and he had the patience to sit all along and watch it with kind words of appreciation. We became great friends from then on.

- Dr. Saptarshi Mandal
सर्व सत्ता निरामयाः